

# Clifton Creek Primary School

## Sunsmart Policy



Our SUNSMART policy applies to all school events, both within school boundaries and whilst out in the community. Sun protection is recommended for all skin types when UV levels reach 3 or higher. In Victoria, UV levels regularly reach 3 or higher from mid-August to the end of April. This policy is implemented for all outdoor activities from mid-August to the end of April.

- *Children and staff are unable to be outdoors UNLESS they wear their own sun protective broad brimmed hat that protects the face, neck and ears.*
- *Children and staff are urged to wear clothing which provides protection for shoulders, arms and back. Strappy tops or singlets are **not** recommended.*
- *Children without appropriate hats and protective clothing are to play in a designated shaded area.*
- *From May to mid-August some sun exposure is recommended for vitamin D maintenance and therefore sun protection is not required unless the UV rating is high (greater than 3).*
- *SPF30+ Sunscreen is available in each class for children to use. Parents should discuss any special sun-care requirements with the classroom teacher.*
- *Sunscreen is applied at least 20 minutes (where possible) before going outdoors and reapplied every two hours or more frequently if sweating or swimming.*
- *Strategies are in place to remind students to apply sunscreen before going outdoors (e.g. reminder notices, sunscreen monitors, sunscreen mates).*
- *UV ratings are to be checked daily from May to August and if above 3, then SunSmart principles are applied.*
- *The availability of shade is to be considered for all out of school, non-routine and extracurricular activities from mid-August to the end of April. Students are encouraged to use available areas of shade when outside.*
- *The school council makes sure there are sufficient shelters and trees providing shade in outdoor areas particularly in high-use areas e.g. where students have lunch, outdoor lessons & popular play spaces.*
- *As part of OHS UV risk controls and role-modelling, staff, families and visitors wear a sun protective hat, covering clothing and, if practical, sunglasses. They also apply sunscreen and seek shade whenever possible*
- *Programs on sun protection are included in the curriculum for all year levels.*

The school council and staff monitor and review the effectiveness of the SunSmart policy and revise the policy when required (at least once every three years) by completing a policy review and membership renewal with SunSmart at [sunsmart.com.au](http://sunsmart.com.au)

*This policy was last ratified by School Council on 9th August 2017. To be next reviewed in 2020, or sooner if required.*